

ST. MARY OF THE VISITATION PARISH



SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.
Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.
Wednesday 8:00 a.m.
Thursday 8:00 a.m.
Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and
7:30 a.m. on Wednesday, Thursday and Friday.
All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting
Sunday at 12 noon through Saturday at 5:00 p.m.
For more information please call Sheila at 519-
658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School	519-658-4041
St. Elizabeth School	519-651-0400
St Gabriel School	519-658-2008
St. Benedict Secondary School	519-621-4050

**16 Cooper Street,
Cambridge, Ontario N3C 2N2**
519-658-4443
stmarycambridge@hamiltondiocese.com
www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreitzel@hamiltondiocese.com

Mr. Jangho Hong, Seminarian

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

PARISH OFFICE HOURS

(Located in the lower level of the church)
Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by
completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass
Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process
of preparing your child and family for this
Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date
of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be
most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

FIFTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, February 10	7:00 PM	+ Joan Garant + Joey Woods Intentions of the CWL Members Intentions of Agnes Doyle Intentions of Susie Koenderink	Catholic Women's League The Woods Family Ana Prior Erin Henderson Anna Altomare
Wednesday, February 11	8:00 AM	In Thanksgiving	Carmen and Tony Chaves
Thursday, February 12	8:00 AM	+ Natalie Thompson Schall	Len Crichton
Friday, February 13	8:00 AM	Intentions of Audre Fellows	Velma Gibson
Saturday, February 14	5:00 PM	+ Alfred Crichton + Alois and Ida Maier + Nelida Legaspi + Luzminda Mendez + Peter Huu Intentions of Marion North	Len Crichton Barbara Maier The Legaspi & Mendez Families The Legaspi & Mendez Families The Nguyen Family SSVP Giving Tree
Sunday, February 15	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	



SEASON OF LENT: Lent begins on **February 18th** with **Ash Wednesday**.

Mass with the distribution of ashes will be celebrated at 8:00 a.m. and 7:00 p.m. Our parish schools will have a Liturgy of the Word with the distribution of ashes as well.

SOMETHING TO CONSIDER THIS LENT: Lent is a time of reflection, a time to reconnect with God in preparation for the beautiful Season of Easter. Are you wondering what to do during this Lenten Season? Why not consider spending one hour a week with Jesus in our Chapel of Adoration.

The following hours are available:

Monday: 3AM

Wednesday: 1AM, 6AM, 7AM

Thursday: 2AM, 3AM, 1PM, 8PM

Friday: 1AM, 12PM

Saturday: 4AM

Sunday: 11PM

For more information, please call: Frank or Sheila at (519) 658-9414



LENTEN PRAYER BOOKLETS are available for purchase at the main entrance of the Church. "By His Wounds We Were Healed: Praying through Lent with the Prophets" and "Walking with the Saints: Daily Devotions for Lent". Booklets are \$2.00.



COFFEE SUNDAY: Plan to join your fellow parishioners next Saturday and Sunday, **February 14th & 15th**, following ALL Masses.

YOUTH GROUP MEETING: Calling all creators in Grade 6, 7, and 8! Are you ready to spread some kindness? Come out to create a handmade Valentine craft. Whether it's for you, a friend or a family member - we'll have the glue, glitter and paper you need! **Wednesday, February 11th** in the parish hall from **6 - 8 p.m.** Please register on the parish website: <https://stmaryhespeler.ca/youth-group>

ALL-AGES FAMILY POTLUCK & GAME NIGHT!

Saturday, February 21st following the 5:00 PM Mass, until 10:00 PM in the Parish Centre. All families and ages are welcome! What to Bring:

- **A Dish to Share:** Bring your favourite appetizer, main course, or side dish...to share.
- **Your Favourite Games:** Whether it's a classic board game, cards, or a group party game, bring the fun to share with others.

Please sign up to help us plan for "tons of fun" and ensure we have enough space for everyone. A sign-up sheet is located in the parish entrance and on our parish website:

<https://stmaryhespeler.ca/familypotluck>



C.W.L. NEWS: The next Catholic Women's League meeting will be held on **Tuesday, February 10th** in the Parish Centre, following the 7:00 p.m. Mass. The Rosary will be prayed at 6:30 p.m. The **CWL membership fee of \$40.00 is now due**. We invite all ladies of the parish, 16 years and older, to consider joining us in 2026! Come share your unique and valuable gifts and join us as we share a sisterhood of faith, fulfillment and friendship! For questions or more information, please contact Chris at 519-400-3657.



MEETING NOTICE: The monthly Knights of Columbus, Council 4916 meeting will be held on **Thursday, February 12th at 7:00 p.m.** at St. Mary of Visitation Church, 16 Cooper St. Membership dues can be paid at the meeting or through the Church envelopes by cash or cheque (payable to "Knights of Columbus Council 4916").
New members 18+ are welcome!

PARISH OFFERINGS for Jan. 31/Feb. 1, 2026

Sunday Envelopes:	\$3,539.50
Seminary Offering:	\$370.00

Your continued financial support is greatly appreciated.

TAX RECEIPTS: Annual tax receipts for the 2025 year are available for pick-up in the hallway off the large parking lot. Envelopes that are not picked up will be mailed by February 17th.

DIOCESAN WEDDING ANNIVERSARY MASS:

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2026? You are cordially invited to join Bishop Dabrowski and couples from across the Diocese of Hamilton for a special Wedding Anniversary Mass on **Sunday, May 31st, 2026 at 1:30 p.m.** at the Cathedral Basilica of Christ the King, 714 King Street West in Hamilton. (Space allows room for Anniversary couples only - those married 60 years or more may bring one guest if you require assistance). Registration is found under "Upcoming Events" on the home page at hamiltondiocese.com or call the Family Ministry Office at 905-528-7988 ext. 2249.

THE REEL JUSTICE FILM FESTIVAL brings you an insightful exploration of the dangers of book banning and the loss of intellectual freedom with a screening of *The Librarians* on **February 26** from 7:00 – 9:00 p.m. The film is told through the personal experiences of librarians under siege as they fight for democracy alongside everyday people who join their ranks in defense of books. The screening and discussion will be hosted online via Zoom. Register and view our full schedule of events at: <https://hamiltondiocese.com/reel-justice-film-festival/> A partnership between the Bishop Farrell Library & Archives and Development and Peace, the Reel Justice Film Festival shines a spotlight on issues of social, political, and economic injustices.

ENHANCING SELF-ESTEEM - This program provides the opportunity to increase awareness of yourself and to learn specific skills for building a positive self-esteem. It can help you to feel stronger in all areas of your life. Issues covered during the course include taking responsibility for your own thoughts and feelings, positive ways to behave assertively and setting realistic goals for your future. The program will run **Tuesdays from Feb. 17th – April 21st from 7-9 p.m.** and are held at the Chancery Office at 700 King St. West Hamilton. Cost is \$35 for materials. Registration online can be found by going to hamiltondiocese.com and looking for the date under Upcoming Events, or by contacting Sarah at 905-528-7988 ext. 2249, or at familyministry@hamiltondiocese.com.

LIFT JESUS HIGHER RALLY: NO GREATER LOVE
Saturday, March 14th, 2026. A day to deepen and renew your faith, with inspiring talks and testimonies, powerful praise and worship, the rosary, the Divine Mercy Chaplet, Mass, Eucharistic Adoration, fellowship, and so much more! For tickets and details visit <https://www.ljhr.ca/>

Upcoming Events at the Parish

- February 8----- Baptisms at 12:15pm in the Church
- February 10----- CWL Meeting at 7:30pm in the Parish Centre
- February 11----- Youth Group Meeting at 6:00pm in the Parish Centre
- February 11----- Spanish Prayer Group at 8:00pm in the Hearth Room
- February 12----- Knights of Columbus Meeting at 7:00pm in the Hearth Room
- February 14/15----- Coffee Sunday in the Parish Centre following all Masses
- February 16----- Family Day, parish office closed
- February 18----- Ash Wednesday, distribution of ashes at 8:00am and 7:00pm Masses
- February 20----- Stations of the Cross at 7:00pm in the church
- February 21----- Family Potluck and Game Night in the Parish Centre
- February 22----- Sunday Vespers at 5:00pm
- February 23----- Mission Mats at 6:30pm in the Parish Centre

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JOIN USTo learn more about your
Parish Knights of Council #4916

Contact
GK George Harris
519-621-3665
or
PGK Dan Schmalz
519-239-5003



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